

PRAYERS FOR DELIVERANCE

from Sexual Sins and Strongholds

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Personal Prayer for Deliverance from Sexual Sins and Strongholds

Heavenly Father, I come to you now in the name of Jesus.

Lord You are my rock and my fortress and my deliverer

I am crying out to you today because I recognize that I am a sinner. I have been living in total disobedience and total rebellion to your will, your ways, and your commands for my life.

For Your word declares, that the unrighteous shall not inherit the kingdom of God. Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God (1 Corinthians 6:9-10).

You've also outlined in Your Word that marriage is honorable in all, and the bed undefiled: but whoremongers and adulterers You will judge (Hebrews 13:4).

Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband (1 Corinthians 7:2).

Father, I now recognize and understand that sex is to be had within the boundaries of marriage between one man and one woman, nothing else, no exceptions.

I now recognize that anytime my actions fall short of your biblical standards then I have committed sin.

The dangers of sin are too costly for me to bear. Sin blocks my access to You O'God; sin causes me to feel that I am no longer deserving of the love of Christ; sin blindfolds me to the light of the Spirit. It has the ability to harden my heart: No feelings towards GOD; no faith in Christ; no freedom in the Spirit. Sin puts me in the pit and on the path to divine correction. It drains my peace and strength. The greatest danger of all is that if I continue in sin I may prove that I am not saved at all and, therefore, face Your wrath and eternal destruction and everlasting separation from You.

I want to change O'God, transform me by the power of Your Holy Spirit!

You Yourself bore my sins in Your own body on the tree, that I, can die to sin, and live for righteousness—

Real change requires that I recognize your standards as black-and-white with no room for shades of gray.

Real change requires that I read Your Word to renew my mind, for all scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness (2 Timothy 3:16).

I commit to reading Your word as I must have a clear understanding of what constitutes sin and what does not so that in those times that I am tempted, I will not try to reason in my mind whether what I am tempted by is sin or not.

When I make Your Word flexible, I am setting myself up for failure. Your Word is True. It is immutable. It existed in the beginning (Genesis 1:1) before I existed, before the world was formed and before sin. It does not and cannot change. It is not based on how I feel. It is not up for interpretation. It does not change with the times or the seasons or based upon what part of the world I live in.

According to the Bible,

- **Adultery** is sin. Adultery is voluntary sexual intercourse between a married person and a person who is not his or her spouse (1 Corinthians 6:9, 10).
- **Fornication** is sin. Fornication is sexual intercourse between people not married to each other (1 Corinthians 6:9, 10). Includes vaginal, oral and anal.
- **Homosexuality** is sin. Homosexuality is sex between members of the same sex or gender (1 Corinthians 6:9, 10).
- **Incest** is sin. Incest is unlawful sexual relations between people classed as being too closely related to marry each other such as a parent, child, sibling, or grandchild (Leviticus 18; Matthew 5:17; Romans 13).
- **Bestiality** is sin. Bestiality is sexual activity between a person and an animal (Leviticus 20:15-16; Genesis 2:20).
- **Prostitution** is sin. Prostitution is unlawful sexual activity with someone for payment (Proverbs 23:27-28; Romans 13).
- **Rape** is sin. Rape is unlawful sexual activity carried out forcibly or under threat of injury against the will usually of a female or with a person who is beneath a certain age or incapable of valid consent (Genesis 34; Romans 13).
- **Masturbation** is sin. Masturbation is stimulating one's own genitals for sexual pleasure (Ephesians 5:3; 1 Corinthians 6:19-20).
- **Seduction** is sin. Seduction is the enticement of a person to sexual intercourse (Matthew 18:6-7; Genesis 39:12).

Today I renew my commitment to CHRIST.

Father, I recognize that I have transgressed against your will so today I repent.

I come to You Father asking for forgiveness.

Your Word declares, that If I confess my sins, You are faithful and just to forgive me and to cleanse me from all unrighteousness.

I repent for all sexual sin that I have been involved with in the past, including fornication, masturbation, pornography, promiscuity, perversion, fantasy, and adultery in the name of Jesus.

I declare, today is my time of refreshing. I Repent, then, and turn to You O' God, so that my sins may be wiped out, that times of refreshing may come (Acts 3:19)

Holy Spirit, create in me a clean heart and renew a right spirit within me! I thank You for a fresh start with you. (1 John 1:9).

From now on, I will abstain from anything that can corrupt my mind; I will stop all my immoral activities. I will be conscious of holiness, and I will do my best to practice it. Please fill me with your Holy Spirit, and empower me to do the right thing at all times.

As of today, I have truly made up my mind. I submit to You O'God and Your word concerning sexual sin and fornication. I resist satan so that he may flee from me. I will no longer be lured into these acts that only bring harm to my mind, body, and spirit.

As I receive Your forgiveness, I forgive myself and I forgive those who have offended me.

I choose to love and forgive myself in the name of Jesus

I declare, I am freed from a conscience defiled by guilt

I am no longer condemned, for *there is* therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit (Romans 8:1).

Forgiveness is not an emotion; it is a decision. God, You have never said that I have to "feel like" forgiving, but You commanded me to forgive.

Father, in the Name of Jesus, I have not loved the following people [Say their names] who have hurt and disappointed me. I have held unforgiveness in my heart. Please forgive me and work forgiveness in my heart because I ask for it in the name of Jesus.

Holy Spirit reveal to me any person or persons [including myself] ~~whom~~ I have unforgiveness or even a negative, critical, resentful thought.

I receive total deliverance from every stronghold

Strongholds in my soul (mind-emotion-will) are formed through sin. The more intense and the longer the duration of the sin, the greater the stronghold but I'm so glad that the weapons of my warfare are not carnal, but mighty through God to the pulling down of strong holds Casting down imaginations, and every high thing that exalteth itself against the knowledge of God and bringing into captivity every thought to the obedience of Christ (Corinthians 10:4).

I present my body to the Lord as a living sacrifice (Romans 12:1).

I release the fire of God to burn out all unclean lust from my life in the name of Jesus.

I command all spirits of lust and perversion to come out of my stomach, genitals, eyes, mind, mouth, hands, and blood in the name of Jesus.

I break all ungodly soul ties with former lovers and sexual partners in the name of Jesus.

I cast out all spirits of loneliness that would drive me to ungodly sexual relationships in the name of Jesus.

I deal with the root causes for falling into sexual sin and promiscuity:

Anger and rebellion towards my parents.

Lack (and desire) of father's love

Lack (and desire) of mother's love

Peer pressure and the fear of rejection

Self-rejection and Self hatred

Hatred of men/woman — to conquer and to take advantage of the opposite sex.

Ancestral, or parental sins — example, infidelity, divorces.

Sexual restraints lowered through drugs/alcohol.

Conceived in lust, out of wedlock.

I receive total deliverance from:

Impure words and actions

Meaningless/ difficulty praying

Confusion-lack of concentration

Instability

Recurring dreams

Being easily deceived (fooled)

Rebellion and the desire to be and do the opposite

I command all spirits of witchcraft that work with lust to leave in the name of Jesus.

I cast out and loose myself from any spirit spouses and spirits of incubus and succubus in the name of Jesus.

I break myself from every spirit of sexual perversion, in the name of Jesus.

I release myself from every spiritual pollution emanating from my past sins of fornication and sexual immorality, in Jesus' name.

I release myself from every dream pollution, in the name of Jesus.

I break all curses of adultery, perversion, fornication, lust, incest, rape, molestation, illegitimacy, harlotry, and polygamy in the name of Jesus.

I loose myself from the spirit of the world, the lust of the flesh, the lust of the eyes, and the pride of life.

I receive the spirit of holiness in my life to walk in sexual purity in the name of Jesus (Rom. 1:4).

I overcome the world through the power of the Holy Spirit (1 John 2:16).

I am crucified with Christ. I mortify my members.

I do not let sin reign in my body, and I will not obey its lust (Rom. 6:6–12).

Thank You God for Your power to deliver me every bondage.

I command every evil plantation of sexual perversion in my life to come out with all its roots, in the name of Jesus.

Every spirit of sexual perversion working against my life, be paralyzed and get out of my life, in the name of Jesus.

Every demon of sexual perversion assigned to my life, be bound, in the name of Jesus.

Father Lord, let the power of sexual perversion oppressing my life receive the fire of God and be roasted, in the name of Jesus.

I apply the BLOOD of Jesus and proclaim total victory

“And they overcame him by the blood of the Lamb, and by the word of their testimony, and they loved not their lives unto the death.” (Revelation 12:11)

Every inherited demon of sexual perversion in my life, receive the arrows of fire and remain permanently bound, in the name of Jesus.

As a child of God purchased by the blood of the Lord Jesus Christ, I here and now renounce and repudiate the moral impurity sins of my ancestors. (Father, mother, whereyou can be specific - infidelity, for example.)

I release myself from every ancestral pollution, in Jesus' name.

I command all spirits of hereditary lusts from my ancestors to come out in the name of Jesus.

I command every power of sexual perversion to come against itself, in the name of Jesus.

Father Lord, let every demonic stronghold built in my life by the spirit of sexual perversion be pulled down, in the name of Jesus.

Let every power of sexual perversion that has consumed my life be shattered to pieces, in the name of Jesus.

Let the Lord God of Elijah, arise with a strong hand against every spirit wife / husband and all the powers of sexual perversion, in the name of Jesus.

I break the hold of any evil power over my life, in Jesus' name.

I nullify every effect of the bite of sexual perversion upon my life, in the name of Jesus.

Every evil stranger and all satanic deposits in my life, I command you to be paralyzed and to get out of my life, in the name of Jesus.

I claim my complete deliverance from the spirit of fornication and sexual immorality, in the name of Jesus.

Let my Mind be delivered from lust and be controlled by the Holy Spirit, in the name of Jesus.

Holy Ghost fire, fall upon my mind and burn to ashes every evil thought and all satanic power controlling my mind, in Jesus' name.

Let my eyes be delivered from lust and be controlled by the Holy Spirit, in the name of Jesus.

I take authority over my thoughts and bind all spirits of fantasy and lustful thinking in the name of Jesus.

Holy Ghost fire, fall upon my eyes and burn to ashes every evil force and all satanic power controlling my eyes, in Jesus' name.

My members are the members of Christ. I will not let them be the members of a harlot (1 Cor. 6:15).

Let my actions be delivered from lust and be controlled by the Holy Spirit, in the name of Jesus.

Holy Ghost fire, fall upon my hands and feet and burn to ashes every evil force and all satanic power controlling my actions, in Jesus' name.

Holy Ghost fire, purge my life completely, in the name of Jesus.

I move from bondage to liberty in every area of my life, in the name of Jesus.

I Thank You O' God for answers to my prayers.

DECLARATION

I DECLARE I am equipped for every **good work** God has planned for me. I am anointed and empowered by the Creator of the universe. Every bondage, every limitation, is being broken off of me. This is my time to shine. I will rise higher, overcome every obstacle, and experience victory like never before!

I receive the grace and empowerment of the Holy Spirit so that I can focus on my purpose and calling in CHRIST. I receive greater revelation of who God is and what He desires for my life. I trust Him to put me on the path of purpose so that I may glorify the Father, flourish, and be blessed. As a tree planted by streams of water which yields her fruit in its season and whose leaf does not wither. Whatever I do it shall prosper. Psalm 1:3 James 4:8

This is my declaration. Amen.

[Finish the session praising God for all that He has done]

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Intercessory Prayer for those struggling with Sexual Sins and Strongholds

Heavenly Father, I come to you now in the name of Jesus.

I am crying out to you today on behalf of my generation because I recognize that many of your daughters (and sons) are living in total rebellion to your will and your ways concerning sex and purity.

In Your mercy and compassion, search them out, O Lord. By Your power, grant them the strength and courage to recognize the biblical standards that You have established concerning sex and immorality.

Help them to repent and overcome these desires and lures by refraining and focusing on establishing and strengthening their relationship with you.

I pray that you will help my generation to recognize and understand that sex is to be had within the boundaries of marriage between one man and one woman, nothing else, no exceptions.

Lord Jesus, I call upon Your blessed name. In Your power, You know all those who earnestly want to be delivered from the captivity of sexual sins. I pray now that You will meet every woman in her time of distress. If she calls upon You, I ask that You hear her and deliver her. If she draws near to You, I ask that You draw near to her.

Father, I pray that women everywhere will begin to read Your word and learn to value Your commandments as the blueprint for their lives, that these commandments that You gave to us will be upon their hearts. That they will know them, apply them, and teach them to others including their children. Deuteronomy 6:6-7

I pray that the daughters of Sarah will be Godly mothers that train children up in the way that they should go so that when they are old they will not depart from it. Give every woman wisdom on how to nurture, train, discipline, counsel and exhibit patience and grace to her children, family, and others around her. Proverb 22:6 Proverbs 14:29

I pray for strength for every mother: single and married. I pray for peace in relationships that did not work out and for the sake of the children I pray for co-parenting agreements that work. We also pray for reconciliation between mothers and their children. Let every child who feels ignored or abandoned, who desires a mother find You O' GOD: lead them to relationships with righteous women who can stand in the gap and bring support, love, care and encouragement. Psalms 27:10

I Pray that single women will be guarded against sexual sin and temptation. That she will make no provision for the flesh, to gratify its desires. We pray that marriage be held in honor amongst all of our sisters, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous. Romans 13:14 Hebrews 13:4

I pray for an increase in Godly marriages for every single woman who desires to be married. Transform the hearts of Your people O' GOD and bring us together like never before. Raise up righteous husbands for single women who will love them completely. Raise up virtuous wives for single men, wives that will submit themselves to their own husband so that together they can raise obedient children: for this is well pleasing unto You. Colossians 3:18-20

I pray that every woman in our community view marriage as a holy covenant to be desired, treasured, and nurtured. You made them male and female. For this reason, a man will leave his father and mother and be united to his wife and the two will become one flesh. So they are no longer two, but one. Therefore, what You O' GOD have joined together, let no man separate. Mark 10:6-9

I pray against the Whore culture that is so prevalent in our community and the influence of the media that our women will choose instead to embrace their true identity, reject false stereotypes, be modest in dress and love Your commandments. As each and every one of our women is beautiful, Your word tells us that a beautiful woman who lacks discretion is like a gold ring in a pig's snout. **WE BOLDLY SAY "NO"** to ungodly pressures – fornication, one-night stands, sidepiece situations, hookups, adultery, promiscuity, whoredom, harlotry and sexually immorality of all kinds. Proverbs 11:22 Hosea 2

I pray against the disrespect and degradation of Black women in music, video, and popular media. As derogatory language is used overwhelmingly to objectify and present our women-- consistent with white supremacist ideology-- as objects of sexual desire, lacking in substance and promotes colorism by categorizing them as high yellow, red, black, and foreign. **WE BOLDLY DECLARE THAT 'ENOUGH IS ENOUGH'**. Hear O' God our cries of anguish and pain. We ask you to expose the hand behind the exploitation of our women for financial gain and clout and let everyone of our men and women awaken in unity to the scheme of the enemy that divides our unity, weakens our community, downgrades our image and likeness and breaks down our family structure.

I pray that our men when stand up and totally separate from the popular culture and choose You instead. Let them lead the way- as we choose to come out of Babylon and separate ourselves from spiritual Sodom and Egypt. We pray that our men will have eyes to see and ears to hear what Your Spirit is saying to each of them to awaken to the spiritual concerns around us. Awaken our warriors O' GOD and ready them for battle. Cause our men everywhere to stand up, repent for complacency and begin to restore our walls. We pray that as our men draw closer to You that you will draw closer to them. James 4:8 Revelation 11:8 Revelation 18:4

Lord Jesus Christ, I pray and ask You to break the control and manipulation of sexual thoughts and images over the minds, hearts and bodies of the daughters of Sarah

Please, forgive them. Set them free from all consequences of their sins. Cleanse them of all defilement of spirit, in their mind, in their conscious, subconscious, and unconscious levels.

I pray against the disrespect of our women in every facet of life. Bless our women at home, at school, on the job, and in their neighborhoods. Help them to rise above rejection, discrimination, colorism, racism, sexism, and gender bias. Help them to feel respected, safe, and valued. Indwell the Holy Spirit within her. Despite what she sees around her, I pray that every woman will know that Your Kingdom is within her: greater are You who is in her than he who is in the world. 1 John 4:4 Luke 17:21

Heavenly Father, many women in our community are hurting on the inside because of the things that they have experienced in their past, what they are facing at home, at their workplaces or in their businesses. Many have been left wounded by the issues of life: they are emotionally drained, troubled, *crushed in spirit*, weary, burdened and broken hearted. Father, let your healing power rest upon them. Bind their broken hearts and release them from prisons of bitterness. Your yoke is easy and Your burden is light, so Father as each one comes to You lighten her load, ease her broken heart and fill her with Your love and peace. Matthew 11:28-30

I pray that every woman will prosper and be in good health (mental and physical) even as her soul prospers. I ask You to free those living with physical abuse, mental abuse, emotional abuse, financial abuse, psychological abuse and sexual abuse. I pray for those who are being held captive against her will. I pray that the oppressed will walk away or be rescued and be released from their oppression, so that they may walk in total peace, healing, restoration and enjoy a life full of Your love, kindness, and blessings. 3 John 2

I pray for healing for every woman that has experienced trauma and abuse. Help our women develop a strong self-esteem that is rooted in the realization that they are GOD's workmanship, created in CHRIST Yahshua/Jesus unto good works, which You O' GOD hath before ordained that they should walk in them. Let them reject feelings of lack of confidence, low self-esteem, low self-worth, negative personal value, negative self-image, worthlessness, depression, pride, anxiety, rejection, and self-hate. Help them to comprehend with all saints what is the breadth, and length, and depth, and height of Your love. Ephesians 2:10 Ephesians 3:17-18

I pray for protection for every woman. I come against any attempts of the adversary to steal, kill, or destroy our women. I receive Your word that says, "If you make the Most High your dwelling, even the LORD who is your refuge, then no harm will befall you, no disaster will come near your dwelling place. For we believe that You will command Your angels concerning them to guard them in all their ways. Psalms 91:9-12

I Pray that our women will seek Your plan for their lives and have right priorities for themselves, their children, and their families. And we pray that each one will walk in their God-given purpose, will flourish, and be blessed. As a tree planted by streams of water which yields her

fruit in its season and whose leaf does not wither. Whatever she does let it prosper. Psalm 1:3
James 4:8

I pray that our women will maximize their potential by developing their minds, skills, talents, and abilities. I thank You for the good plans that You have for each one: as a single woman, wife, mother, daughter, sister, aunt, friend, leader and businesswoman. In whatever capacity, we pray that her prosperity be great, and that she be established in Your righteousness. I pray that she loves herself and her people; and that nothing intimidate her, but that she will be confident of her future and that she live in reverence of You. Whatever her hand finds to do, let her do it in excellence with all her might. Ecclesiastes 9:10 Proverb 31:25

Now pray the following prayer to confess over our women:

Dear Heavenly Father, I bring every woman before You. I pray that each one will choose You. I commit her to You for Your care, we ask for Your divine protection for her. I pray that You will put a hedge of protection around her so that no harm comes near her. I pray that You will enable her to be the woman that You want her to be. Release to her the full knowledge of who You are that only comes through an intimate personal relationship with You. We pray that every woman come into the complete understanding of the sacrifice You made for her eternal salvation through the gift of Yahshua/Jesus Christ. May the eyes of their hearts be fully opened to Your saving grace. We pray that she would cry out to you, repent, confess her sin, and ask for forgiveness. Let her be restored to You. We ask this in the precious name of Jesus our Messiah. Amen.



Titus 2 Ministry

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